

### *The Christian's Choice—Self or Christ*

his sins. He sought Christ as his Saviour that he might have forgiveness of sins. In the realization of forgiveness he experienced great joy and began witnessing for Christ. But soon he finds himself doing the same things again; the evil habits persist; worse than all, joy in Christ lessens, the heart grows cold and he becomes utterly discouraged.

But his love for God is not altogether quenched. Something in him cries out for God, while another something contests every inch of God's claim and control. He strives against sin, prays for release and makes every effort in his own strength to get victory. He comes to the place where he says, "Is it worth while?" One day on the very verge of despair he cries out for deliverance, "Oh! wretched man that I am, who shall deliver me from the body of this death?"

What seems like his utter downfall is really his hour of deliverance. He had to come to the end of Romans 7 before he could enter into Romans 8. Are you living in Romans 7 today? Do you wish to know the way out?

### **The Conquest of the Old Nature**

God has given us clear and definite instruction regarding our part in the dethronement of self.

*We must condemn the flesh. God con-*